

Epithelial Rate Difference on Donor Wound of Split Thickness Skin Graft in the Thigh Area by Applying Leukocrepe® and Medicepe®

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ABSTRACT

Background: applying split thickness graft (STSG) is as one of the reconstruction techniques and it is often conducted. Applying the technique creates superficial wound on the donor wound or it is known by donor site. The elastic bandage usage is one of the tools which is used in giving treatment to donor site as a standard operational procedure treatment at Dr. Moewardi hospital (RSDM) Surakarta. RSDM Surakarta has not had clinic test yet to compare between applying elastic bandage Leukocrepe® and Medicepe® on wound care STSG on the thigh area.

Subject and Method: The study used post-test only control group design with the total of the sample was 18 patients. The study was conducted in intermediate STSG donor wound with 0.018 inches thickness on the lateral thighs. By dividing two donor wounds, a half-sided of upper part was bandaged by applying Leukocrepe® and the other half of the lower part was bandaged by Medicepe®. After that, epithelialization score was conducted on the seventh day. All the data then were collected and after that the data were tested by applying Wilcoxon rank test.

Result: according to the study conducted to 18 patients of plastic surgery section at RSUD Dr. Moewardi during November 2016-Juni 2017, the result showed that the epithelialization chart was approximately $61.39 \pm 30.05\%$ for STSG donor wound on the lateral thighs part and it was done on the seventh day by applying Leukocrepe, meanwhile applying Medicepe, the result was approximately $43.67 \pm 30.69\%$. The mean score of epithelialization applying Medicepe® was more significant than applying Leukocrepe® and it showed that there was significantly different statistically with the score ($p < 0.001$).

Conclusion: According to the result above, it can be seen that the STSG donor wound care on the thighs using Medicepe® is more effective in accelerating epithelialization process than the one which is applied by Leukocrepe®.

Key Word: Epithelization, Elastic Bandage, Medicepe®, Leukocrepe®

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BACKGROUND

Applying split thickness graft (STSG) is as one of the reconstruction techniques and it is often conducted. This technique takes all the epidermis and a half of dermis as a graft source, so it creates superficial wound on the donor wound or it is known as donor site (Wiechula, 2011).

Bandaging process must be handled right after the end of a surgery process. The ideal bandage on the donor area must support quick re-epithelialization, not cause pain, need slightly care, not too expensive. The usage of the elastic bandage on the donor site has a purpose that is to get the compression effect for wound, so it can control the edema, exudate production,

and hemostasis pressure. Therefore, those things may help the accelerating of re-epithelialization wound process (Beldon, 2007).

Leukocrepe® is non-adhesive elastic bandage typically short stretch bandage or light support which is produced by BSN medical. The elastic bandage is made of 100% cotton. This bandage can be utilized to skin graft treatment case, donor site wound treatment, varicose veins handling, secondary bandage after moist wound dressing, and for the sprain case and strain (BSN medical, 2016)

Medicrepe® is non-adhesive elastic bandage typically long stretch bandage. It is made of mixture material which is 50% of cotton, 41% of polyamide, and 9% of polyurethane. The bandage is generally utilized in some cases such as sprain, strain, and in some cases of compression treatment (OneMed, 2016).

The usage of elastic bandage is as one of tools used in giving treatment to donor site as a standard operational procedure treatment at Dr. Moewardi hospital Surakarta. Dr. Moewardi hospital has not had the clinic test yet which can be used to compare between STSG wound donor treatment on the thighs area and using elastic bandage differently.

STSG Wound Donor (Donor Site)

STSG wound donor (*donor site*) is secondary wound to get skin for having been graft. A surgeon has donor location which is classified by color, turgor, skin texture, how many grafts needed, and hidden location selection. A surgeon targets the donor location according to the color similarity, turgor, skin texture, graft needed, and hidden location targeting. Patients must understand that the primary wound is the effect of donor site which means that treatment will leave some scars on donor site. Donor site wound will cause

more uncomfortable condition than the primary wound itself of being exposed nerve ending (Beldon, 2007).

The bandage process must be handled quickly right after the end of the surgery. The use of bandage after hemostasis is attained by taking wet gauze which contains epinephrine substance. The proportional bandage on the donor area must support a quick re-epithelialization, not cause pain, lightly care, and have infected low level. The use of elastic bandages causes compression in the donor wound. One of its aims is to maintaining a primary bandage, and compressing an exudate resulting from donor wound. The elastic bandage might be usually endured within 24-48 hours (Bhagwat et al., 2001; Yefta et al., 2008; Istiqomah, 2010, Wiechula, 2001).

Epithelialization is a migration process of epithelial cell from the area around of hair follicles to wound area. The epithelialization showed curing process of the wound itself. Epithelialization showed a cured process of the wound. The epithelialization of wound showed the recovery process. For the full-thickness wound, it is cured from the edge part and the epithelium could migrate around 1 cm before it stops and reach the wound's edge. In the contrary, partial thickness wound which is hair follicles, sweat gland, and sebaceous gland on bed wound. (Hellman, 2014).

Epithelialization brings the function back from epidermis, such as substance maintenance, temperature controlling and microbe preventing or invasitoksin. The epithelialization could also represent an important transition on wound inflammation. Many proofs showed the epidermal-dermal interaction to organize skin morphogenic process, such as (skin development and wound recovery. As the epi-

dermis responds to mediator-derived mesenchyme, keratinocytes is activated to drum the epidermal up which can secrete cytokines and growth factor to promote dermal inflammation. After cell contact is achieved by complete wound epithelialization, the release of inflammatory mediators could stop (Hellman, 2014).

There are many ways to detect epithelialization on the wound such as camera digital usage, histological assessment, or else using a simple tool which is made of mosquito netting by adjusting the size as the tulle's size. (Hatice, 2010; Bloemen, 2012; Kresna;2016)

Donor area of STSG could recover spontaneously from remaining epithelial cell from the epithelial appendices in the dermis layer or wound edge. Recovery is started within 24 hours after graft removal. The average healing process corresponds to the number of remaining epithelial appendices and it is contrast to the thickness of the graft taken. Epidermal layer could regenerate and be as a donor area, yet every graft removal which is on the dermis could not have regeneration. Epithelial growth in the early process of the regeneration is very soft and breakable by bandage movement. Hyperpigmentation is still obtained during a few months following the healing of donor area and dark-skinned individual has hypertrophic skeletal tendency on its side (Bhagwat et al, 2001; Yefta et al, 2008; Istiqomah, 2010).

Donor site recovery occurs through the re-epithelialization process. Epithelial cells migrate from epithelial seeds from reticular layer which remains in the reticular layer of dermis (hair follicles, sebaceous glands, sudoriferous glands), it was spread among wounds until the skin was totally cured and intact. This process happens during 7-10 days; however it could be longer up to 21 days, depending on age,

patients' nutrition. In the first day within 3-4 days, donor site produces exudate, depending on how big the wound is which means the longer it is the more decreased the re-epithelialization process is. Pain level can be a measurement to measure re-epithelialization process, which the nerve endings are covered by epithelial cells. Therefore, the pain will be reduced or even disappear (Beldon, 2007).

Donor wound site recovery is divided into two phases; they are wet phase and dry phase. Wet phase happens when it produces a lot of exudates, kinds of absorbent like alginate or hydrofibre which can be utilized to absorb over exudate. Wet phase occurs when exudate is produced in large quantities, a variety of absorbent such as alginate or hydrofibre can absorb excess of exudate. Dry phase is the condition which is the number of exudate drastically decreased. The indication of the wounds have been cured by applying re-epithelialization is that wound is dried, pink-colored, and itchy (Beldon, 2007).

The donor site of comprehensive wound treatment was once stated by Fowler and Dempsey (1998), suggesting to: (Beldon, 2007)

- a. Giving analgetic regularly
- b. Controlling pain by evaluating and immobilizing the donor
- c. Observing and giving treatment toward bleeding symptom and pain caused by unrecovered infection by giving analgetic and fever medicine.
- d. Rechecking the donor wound from smelling wound.
- e. Assuring a good bandage for the patients
- f. Letting the primary wound having contact with the bandage spontaneously.

Elastic Bandage

Elastic bandage is one of the bandages made of stretched material and it is usually used to bandaged a wound of the body. This

type is also used to maintain bandage, fixation, make pressure, narrow movement, or control edema on the extremities. (Pierson, 2009).

The elastic bandage' shape is a roller bandage (*Roller bandage*), and various material used such as antara lain, cotton, polyester, polyamide, polyurethane and elastomeric material and so on. In its development, the raw material is almost all hypoallergenic and the rubber's percentage has small portion, so it is comfortable for the patients (Pierson, 2009; Bindl, 2011).

Types of Elastic Bandage

There are two kinds of bandage which are elastic bandage or extensible and inelastic bandage. A compression elastic bandage is usually applied for leg venous ulcers treatment by giving compression bandage treatment. Each of elastic bandages has different characteristic depending on material used, so the compression obtained the different result (Partsch, 2008).

Based on compression material standardized by British standard, elastic bandage can be classified into 3, which are: (Partch, 2008)

a) Type 1 (*Conforming/ Retension Bandage*)

This type serves as the resistant bandage with compression helping. This type contains light elastomeric thread with high elasticity.

b) Type 2 (*Light Support*)

This type is also known as minimal stretch bandage or short stretch bandage. It is made of cotton and *viscose* (nabati composition). This kind of bandage is used to use to prevent edema and it is usually used for mild sprain. If it is compared to type 3, this bandage will have stretch power and limited elasticity. This bandage is used to use venous ulcer treatment. The

character of this bandage is it will not be elastic anymore because the maximum stretching occurs. Thus, it tends to restrain the geometry's changing caused by calf muscle contraction during walking. The special characteristic of this short stretch bandage is giving high working pressure when the under muscle has contraction, however giving low resting pressure when the muscle rest will not give tourniquet effect. Because of having limited elasticity, this bandage is less effective than compression bandage when decreasing edema. The elasticity of the bandage is less than 60%. The example of this bandage is like *Elastocrepe®*, *Leukocrepe®*.

c) Type 3 (*Compression Bandage*)

The use of this compression is to provide the pressure which is normally used to control edema and reduce the swelling which is caused by venous disorder. Long stretch bandage is usually included in this classification because it can create higher pressure. The elasticity of this bandage can be as high as 140%, like *Ace™*, *Elodur®*. This type can be classified into 4 types as in the Table 1.

However, there are some different arguments about elastic bandage classification, it is because the pressure produced by a subject depending on the tension applied which compared to its constituent material (Partsch, 2008).

Each of elastic bandage which was applied in America consensus had been agreed about the usage which the characteristic is overlap with 2 minimum layers (Partsch, 2008).

Applying elastic bandage by spiral way with 50% overlap method was assumed that each round obtained effective pressure in the limb (Thomas, 2007).

Table 1. Compression bandage classification

No.	Compression Types	Pressure
1	Type 3a : Mild compression	Low pressure up to 20 mmHg
2	Type 3b : Medium compression	Medium pressure up to 30 mmHg
3	Type 3c : High compression	Pressure up to 40 mmHg
4	Type 3d : Extra high compression	Pressure more than 50 mmHg

- pressure is measured in the wrist area
 - pressure is assumed by bandaging applied with spiral way 50% overlap

Sumber: Partsch (2008).

Leukocrepe®

Leukocrepe® is non-adhesive elastic bandage typically short stretch bandage which is produced by BSN medical. The elastic bandage is made of 100% cotton. This bandage can be utilized in some cases such as lymphedema. It also can be applied to skin graft treatment case, donor site wound treatment, varicose veins handling, and secondary bandage after moist wound dressing, and for the sprain case and strain (BSN medical, 2016)

Medicrepe®

Medicrepe® is non-adhesive elastic bandage produced by OneMed, and with the material composition 50% of cotton, 41% of polyamide, and 9% of polyurethane. It is kind of long stretch bandage because this bandage contains of polyurethane material. The elasticity of this bandage is more than 100% than the short stretch bandage. (OneMed, 2016).

SUBJECTS AND METHOD

1. Study Design

This study was experimental quantitative design by implementing post-test only.

Table 2. Description of study's data

Characteristic	n (%)	Mean±SD	Minimum	Maximum
Gender				
Female	2 (11.1%)			
Male	16 (88.9%)			
Age (year)		41.06 ±24.64	4	86
Epithelialization (%)				
Medicrepe		61.39 ±30.05	18.5	98
Leukocrepe		43.67 ±30.69	5.6	90

2. Population and Sampel

The population was collected from the entire patient who had been through intermediate STSG surgery in the thighs with 0.018 inches of thickness at RSUD Dr. Moewardi Surakarta.

The study was conducted in December 2017 - July 2017. The sample used hypothesis test formula on the average of the population. The study implemented Rule of Thumb theory with the total subject of the study was 30 patients. There were 18 patients as a substitute if the subject dropped out.

The sample was taken by applying purposive sampling technique which it included each of the patients who met the criteria of this study in certain time.

RESULTS

The description of research's data included gender, age, and epithelialization. The result of the 18 patients who were done intermediate STSG donor surgery can be drawn through this table below:

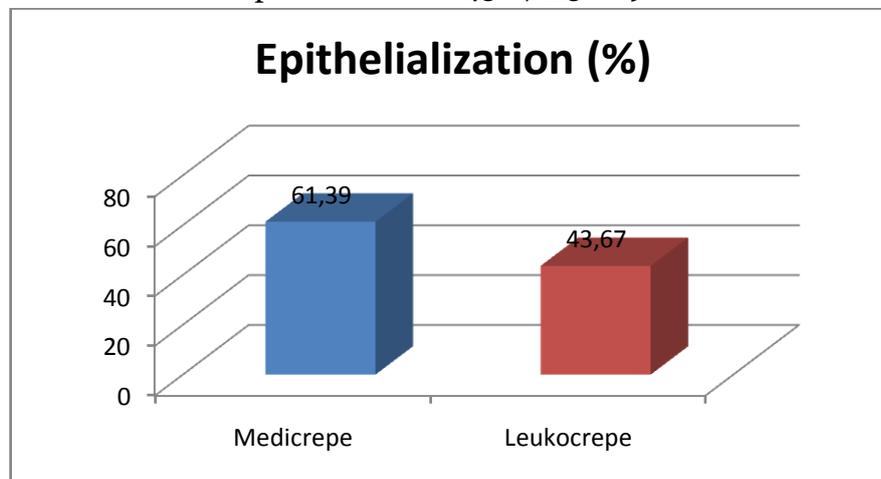
Table 3. Epithelial rate difference on donor wound split thickness skin graft in the thigh area by applying Leukocrepe® and Medicepe®

Epithelialization (%)	Mean	Z	p
Medicepe	61.39 ±30.05	-3.508	<0.001
Leukocrepe	43.67 ±30.69		

The study applied Wilcoxon rank test to investigate the difference result between applying Leukocrepe® and Medicepe® to the donor wound STSG in the thigh area.

It could be seen through the table 3 with the result $p > 0.05$ which meant there was a significant difference of the epithelial

level between Leukocrepe® and Medicepe® on the donor wound STSG in the thigh area. As we can see, mean score of applying Medicepe® in the epithelialization was 61.39 ±30.05%, meanwhile the mean score of applying Leukocrepe® was 43.67 ±30.69%.

**Picture1. Epithelial difference on the donor wound STSG in the thigh area between applying Leukocrepe® and Medicepe®.**

The Picture 1 above described that epithelial level by applying Medicepe® was higher than Leukocrepe®

DISCUSSION

The result showed that there was a significant difference result on the epithelial level between applying Leukocrepe® and Medicepe® on the STSG donor wound in the thighs area. As we can see from the result, it could be described that the mean score of Medicepe® was 61.39 ±30.05 %, meanwhile the mean score of Leukocrepe® was 43.67 ±30.69 %.

Through the study, applying Medicepe® yielded better result. It was

because the elasticity of the bandage which could reach more than 100%. Therefore, it could reach higher compression, increasing hydrostatic pressure and reabsorption. Moreover, the first phase of donor wound recovery is wet phase within 3-4 days in the first day. By controlling exudate process applying Medicepe®, infection process was suppressed so the re-epithelialization process occurred more quickly.

According to the result conducted to 18 patients who have conducted intermediate STSG in the thigh area with 0.018 inches thickness at RSDM Surakarta. It could be concluded that on the seventh day of evaluation, the mean score of applying Medicepe was 61.39 ±30.05 %, while

Leukocrepe was $43.67 \pm 30.69\%$. The statistic test's result showed that there was a significant difference between Medicrope® and Leukocrepe® of the epithelial level on the donor wound STSG in the thigh area.

1. Donor wound STSG treatment was suggested to use elastic bandage Medicrope® because it was proven to increase epithelial rate.
2. For the future researcher, to conduct research about STSG donor wound of epithelialization through histological assessment to minimize the subjectivity study level.

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